

You are Invited to a Canning Workshop!

The Oxford Community Garden Association and the BTC Old Fashioned Grocery Store are proud to present:

HANDS-ON SUMMER CANNING WORKSHOP: Thursday, August 29, 5:00pm-7:00pm

Instructor Kerry O'Donoghue, of Poultry In Motion Farm, will lead a group of 15 workshop participants through the process of making two kinds of pickles using the hot water bath method of canning. You will walk in with vegetables, and walk out with pickles! This is a fascinating and useful topic, and a great way to preserve your summer garden harvest.

Since space in the teaching kitchen is limited, please reserve early through the Oxford Community Garden website (<http://www.oxfordcga.org/>).

FEES: There will be a \$10 charge per participant payable by check or cash at the event. The workshop will provide canning jars, vinegar, spices, sugar, salt, etc. We hope to cover our costs with your donations. You may buy your produce upon arrival at the BTC.

Please arrive at the BTC Grocery, in Water Valley, at 5:00pm.

SCHEDULE

5:00 pm Arrive, browse through the store, purchase produce if needed

5:30 pm Review recipes, general canning process, and schedule with participants as jars
sanitize

5:45 pm Begin Sweet & Hot Bread-and-Butter Pickle Recipe

6:00 pm Make Dill Pickle Recipe

6:30 pm Finish B&B recipe

6:45 pm Clean-up; Additional Q&A -- Ask for tips for your particular vegetables!

BRING

- 4-5 small, or 2 large cucumbers for the Bread and Butter recipe. Ideally, these will all be pickling cucumbers (small, bumpy, thin-skinned and with small seed cavities)
- ½ onion
- 0.5-1 lb of dill-compatible vegetables from your garden (for example, cauliflower, carrots, cucumber or zucchini, green beans, or any combination). You need enough to fit a pint-size jar.
- 2 cloves of garlic

SAFETY: Because we will be handling hot liquids, please wear closed-toe shoes, long pants or skirts, and hair ties for long hair.

LOCATION: The BTC Old Fashioned Grocery Store 301 N. Main St., Water Valley, MS

QUESTIONS? Please contact Sarah Ortwein (introducingtheortweins@gmail.com) for more information.

ABOUT: The Oxford Community Garden Association was formed April 2009 with the mission to enhance the well-being and beauty of the community by assisting people in growing fresh produce, providing locally-grown food to people in need, increasing social interaction in the community, and creating an educational garden in an attractive setting.

The BTC Old Fashioned Grocery Store is a locally owned and operated grocery and cafe in historic downtown Water Valley. Their motto is, "A small-town grocery, with big city food. Local a lot, organic a little bit. Good all the time."